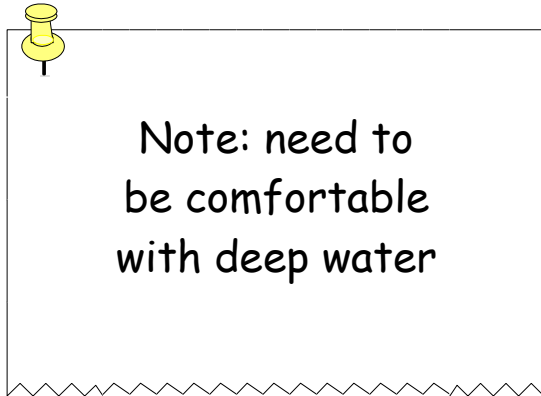


# AQUAJOG



**A no-impact, high energy workout in the deep end.  
Flotation belts will be provided.**

**When? (12) Weds, Sept. 8—Nov. 24**

**Time? 8:00—9:00 pm**

**Cost? drop-in fee : Adults \$4.50,**

**Seniors/Youth \$3.50, punch card  
or fitness pass**

**To Register or for more Information:  
Call Canadian University College Physical Education  
at 782-2822**